

研究成果報告書 (掲載期間 2019.11.1－2020.10.31)

学術論文

- (1) Masanobu Kajiki , Naoyuki Yamashita , Ryo Ito & Takaaki Matsumoto : Effects of air-perfused rucksack on physiological and perceptual strain during low-intensity exercise in a hot environment. *Temperature*, 7, 2020, 2, 157-164.
- (2) Ryo Ito, Naoyuki Yamashita , Kohei Ishihara , Takaaki Matsumoto : Rain exacerbates cold and metabolic strain during high-intensity running, *The Journal of sports medicine and physical fitness*, 59, 2019, 10, 1601-1607.

学会発表

- (1) Naoyuki Yamashita, Masashi Kume, Yuki Kokubo, Keiko Inoue, Ryo Ito, Tetsuya Yoshida : The possible Association Between the Nutritional Status and Exertional Heat Exhaustion in Male Japanese Collegiate Athletes, 2020 Yokohama Sport Conference, 2020, 8 to 22 September, Yokohama.